

Curriculum Vitae

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Date of Birth: 06.06.1952
Marital Status: Married
Phone: Work +46 8 6409408,
Webb site: www.physiotherapy.se
Profession: Physiotherapist and specialist in orthopedically manual therapy

Work experience:

Sofia Physio Center Stockholm, Sweden	Physiotherapist	2010 - current
Scandinavian Physio Centre Istanbul, Turkey	Physiotherapist	2002-2008
Haninge Fysiocenter Stockholm, Sweden	Physiotherapist	2008-2010
Sofia Sjukgymnastik AB Stockholm, Sweden	Physiotherapist	1999-2002
Sabbatsbergs rygg och nack gymnastik Stockholm, Sweden	Physiotherapist	1996-1999
Ryggkliniken AB Stockholm, Sweden	Physiotherapist	1994-1996
Röda korsets Sjukhus (The red cross hospital) Stockholm, Sweden	Physiotherapist	1994 (Feb-June)
Ryggkliniken AB Stockholm, Sweden	Physiotherapist	1993-1993 (Nov-Feb)
Röda korsets Sjukhus (The red cross Hospital) Stockholm, Sweden	Physiotherapist	1992-1993 (Nov-Oct)

Educational merits:

University of Uppsala, Sweden	Orthopaedic Manuel Therapy/Orthopaedic Medicine, Step 3 of 3.	2000-2001
Karolinska Institutet, Stockholm, Sweden	Orthopaedic Manuel Therapy/Orthopaedic Medicine, Step 2 of 3. Further specialised education in Neurophysiology, clinical functional anatomy, Physiology of pain, muscles, and clinical biomechanics. Manuel mobilisation of spine and extremities joints	1997 (November)
Orthopaedic Medicine International, Swedish section.	Analysis and treatment of the functional problems of the lower back spine.	1994(October)
Orthopaedic Medicine International, Swedish section.	Analysis and treatment of the functional problems for the spine.	1994
Smärtkliniken, Stockholm, Sweden.	Basic course in Acupuncture	1994
Karolinska Institutet, Stockholm, Sweden.	University Degree in Physical Therapy	1989-1992
University of Lund, Sweden.	Courses in Statistics, Economy and social science.	1981

Other courses and certificates:

Assessment & Management of the Rotator Cuff	The treatment and assessment of the Rotator Cuff	2016 (December)
Internal Medicine base course 1 + 2 for Physiotherapists	Tyreoidea diseases, diabetes, diabetes complications, osteoporos, heart diseases, neurology, KOL, rheumatology, borelia, TBE, shingles, psoriasis, maligniteter, emergency states	2016 (January)
Clinical neurodynamics	The nerves dynamics	2016 (February)

Kinetic Control, managing movement solutions for shoulder	The treatments and assessments	2015 (May)
How we diagnose and treat shoulder pain	Functional anatomy, shoulders biomechanics, patient demonstrations, MDT treatment for shoulder pain, Ultrasound diagnostics, operative rehab, rehabilitation for athletes.	2015 (October)
Muskuloskeletal ultrasound diagnostics	Introduction for the high and lower extremities	2013 (May)
Spinal manipulation in neuro-muskuloskeletal problems Stockholm, Sweden.	Specific high velocity translatoric thrust techniques according to the Kaltenborn	2012 (December)
Stockholm, Sweden.	Kinetic control: Managing movement concept & solutions for shoulder.	2012 (September)
	Lumbopelvic Motor Control: An integrated approach to clinical assessment and treatment of motor control dysfunction in low back pelvic pain.	2012 (June)
The Redcord Education Program. Stockholm & Karlstad.	Courses: Neurac 1 & Neurac 2 (neck), Back and Pelvis.	2010 and 2011
The Redcord Education Program, Stockholm.	Course: Sport	2010 (October)
K-Active Association	Basic Course in Kinesiology Taping	2008 (December)
Täby Rehab Centre Stockholm, Sweden	Course: Stabilisation & bearing	2002 (September)
Haninge Fysiocenter, Stockholm, Sweden	Course on Neural Mobilisation: A systematic approach. Advanced Clinical Application Course.	2002 (March)
Haninge Fysiocenter, Stockholm, Sweden	Course on the Mulligan Concept. Level 2: Concept of mobilisation of spine and Extremities joints.	2001 (November)

The Swedish National Board of Health and Welfare, Division for Qualifications and Training	Certificate of Good Standing	2001
The Ola Grimsby Institute, Inc. San Diego, USA.	Modern Manuel Therapy of the spine. Course and demonstrations in a post-graduate seminar. Functional rehabilitation of patients.	2000 (September)
Haninge Fysiocenter, Stockholm, Sweden.	Course on The Mulligan Concept, a way of manipulative physiotherapy. Concept of mobilisation of spine and extremities joints.	1999 (January)
Haninge Fysiocenter, Stockholm, Sweden	Segmental Spinal Stabilisation. Specific assessment and treatment for low back pain	1997 (November)
The British School of Low force Manipulation 2	Osteopathic Technique.	1996 (November)
The British School of Low force Manipulation 1	Osteopathic Technique.	1995 (November)
Aroskliniken, Västerås Sweden	Examination and treatment of adverse neural tissue responses. Part A: Upper Limb Part B: Lower Limb	1996 (March) 1995 (October)
The Swedish National Board of Health and Welfare.	Certificate of legitimation	1993
Riksförbundet för Trafik och Polioskadade, Stockholm, Sweden.	Physiotherapist	1993 (Jan-June)